



Masconomet Regional High School

Learning is Life

"The Masconomet High School community believes that learning enables us all to achieve ambitious personal goals, develop fine minds, and build strong character. Therefore, we foster the acquisition of attitudes, skills and knowledge necessary for life-long learners to think critically in order to participate in a global society."



9104-05 Team Sports

Teacher:	Verdaguer or Gomes	Room:	GYM
Class Time:	Period 1	Office Hours:	After school Monday-Thursday or by appointment
Office:	D109	Office Phone:	X5109
E-mail:		Semester/Year:	

Course Description:

Learn to play flag football, soccer, basketball, softball, team handball, badminton, tennis, or lacrosse. This is a non-interscholastic course, not to be confused with our interscholastic athletic teams.

Course Goal:

Through the expression of sport, students will learn movement concepts, team roles and responsibilities, fair play, and fitness concepts.

Required Text: (N/A)

Course Objectives:

Upon the completion of this course most students should be able to:

1. Move through space with body and spatial awareness.
2. Apply movement concepts in relation to opponents and teammates.
3. Identify and apply their **respective roles** on their sports team.
4. Understand and perform according to the current rules of the sports being played.
5. Perform fundamental skills in a fun environment.

Required Assignments:

Requirements:

Attendance (100 Points): Students will begin the quarter with 100 points assigned specifically for attendance. For each class a student is absent without an excuse or fails to participate without an excuse, they will be deducted 30 points. Class begins promptly five minutes after the bell, thus if attendance is taken and a student arrives late they will be deducted 12 points (3 Unexcused tardy= 1 Unexcused absent). Parents will be notified if student is absent or unprepared to participate more than two times.

Dress/Uniform (100 Points): Please come dress appropriately (shorts or warm-up pants, sneakers, and a loose fitting top). Failure to dress properly will result in points being deducted. Twelve (12) points will be deducted for those who do not come prepared. You will also lose participation points for the day (another 12 points).

Participation (100 Points): Participation will be based on the student's attitude and effort. If you are not demonstrating a good attitude and positive effort in relation to your teammates, opponents, referees and/or teachers you will be deducted 12 points per class.

Class Assignments (20 Points): Each person will be given a role to fulfill every class. At the end of the quarter each team member will be evaluated by their peers and teacher. They will be given a score based on their performance for that particular role and their overall performance as the ideal teammate. Completed at the end of the quarter.

Written exams (20 Points Each): A quiz will be given at the beginning of each sport. This quiz will serve as a measurement of the students' understanding of the rules of the game.

Performance evaluation (20 Points Each): Teams will be entered into a double elimination tournament, which will determine a class champion for that specific sport. The winners will receive 20 points, 2nd place will receive 16, 3rd place will receive 12, 4th place will receive 8, and 5th place will receive 4 points.

Respectful Learning Environment:

1. Please arrive promptly to class.
2. Arrive to class ready to learn. Have all assignments, readings, homework, etc. completed prior to class and prepared to be handed in class (stapled).
3. Be prepared to engage in discussion, ask questions, and participate in all activities.
4. Please turn off all cell phones and music players.
5. Remove all trash, paper, food/beverage, when leaving the classroom.
6. Respect all members of class, their opinions and contributions to class.

Consequences of Misbehavior:

1. Student will kindly be asked to resume proper behavior.
2. Student will be asked to sit out until they are ready to return to the activity assigned by the teacher.
3. Student will be asked to sit out the remainder of the class and will be assigned a detention to be served at the teacher's discretion.
4. Failure to report to any of the assigned detentions from that point on, will result in parent notification, as well as, notification of the vice principals.

*If student is unable to participate in PE for reasons related to injury or ill health, the following procedure should be followed:

1. If one to five gym classes will be missed, students must bring a note from a parent to the gym teacher. Even though students are excused from active participation, they must attend class and may be asked to help when appropriate.
2. If more than five gym classes will be missed, students must show a physician's note to the school nurse. The school nurse will send the student, with a copy of the physician's note, to the guidance counselor for assignment to study. The school nurse will send a copy of the physician's note to the gym teacher. The school nurse will also monitor the student's progress and will inform the teacher and counselor when the student may return to class. Students will not be held responsible for material covered in the gym class during the extended absence.