

# **MASCONOMET'S SCHOOL BREAKFAST BEGINS**

## **JANUARY 9<sup>TH</sup>, 2023**

The Masconomet Regional School District Food Service Team is pleased to announce that it will begin offering a daily breakfast service beginning Monday, January 9, 2023 from 7:00 – 7:30 AM as part of the universal free school meals program. Breakfast service will consist of a variety of options including yogurt parfaits, whole grain cereals, oatmeal, whole grain muffins, whole grain bagels, fresh fruit, fruit juices, and milk. All students are eligible to receive one free breakfast per day as long as it meets USDA reimbursable breakfast guidelines which include a selection of at least three of the four main food options, one of which must be a fruit or fruit juice. Breakfasts that do not meet these guidelines will not qualify as free and will be subject to a la carte pricing. For students that take advantage of the breakfast program, please note that breakfast must be eaten in the cafeteria and will not be permitted in classrooms or other areas on campus.

