

**9115 Team Sports** (9, 10, 11, 12) C1, S1, S2

**Semester Course - 2.5 Cr.**

Do you love sports and have a competitive edge? The Team Sports course offers a variety of ways to become physically fit while participating in team oriented sports. You will be assigned team roles (i.e. coach, captain, equipment manager, etc.) that must be performed in order to help your individual team succeed. Depending on the season and equipment availability, students will learn and actively participate in flag football, soccer, basketball, rugby, floor hockey, speedball, ultimate frisbee, badminton, and tennis.