

Masco Boys Cross Country 2024 Preseason Schedule

Date	Event	Levels	Time	Location
Thu, Aug 22	First practice	All	8-10am	Masco Track
Fri, Aug 23	Practice	All	8-10am	Masco Track
Sat, Aug 24	Practice	All	8-10am	Masco Track
Sun, Aug 25	Off			
Mon, Aug 26	Practice	All	2:30-4:30pm	Masco Track
Tue, Aug 27	Practice (Freshman Orientation)	All	2:30-4:30pm	Masco Track
Wed, Aug 28	Practice (First Day of School)	All	2:30-4:30pm	Masco Track
Thu, Aug 29	Scrimmage vs. Newburyport	All	Afternoon TBA	Bradley Palmer
Fri, Aug 30	Practice (No School)	All	8-10am	Masco Track
Sat, Aug 31	Practice	All	8-10am	Masco Track
Sun, Sep 1	Off			
Mon, Sep 2	Practice (Labor Day)	Varsity ONLY	8-10am	Masco Track
Tue, Sep 3	Practice	All	3-5pm	Masco Track
Wed, Sep 4	Meet Vs. Gloucester (Bradley Palmer)	All	2:30-6pm	Bus at 2:30pm

**** Have you submitted your registration and UPDATED PHYSICAL? ****

Students will not be permitted to begin their try-out until their registration and physical paperwork has been processed.

Please keep a copy for your records. Physicals expire **13 months after the appointment.**

NO EXCEPTIONS.