

Masconomet Regional High School
Cape Ann League All-Stars (Updated March 16, 2018)



15-16 All-Stars

NAME	SPORT	SEASON	OTHER
FALL 2015	FALL 2015	FALL 2015	FALL 2015
Scott Foden	Football		CAL Player of Year
Cam Vallaincourt	Football		CAL All-Star
Angus McNeil	Football		CAL All-Star
Tessa Ives	Field Hockey		CAL 1 st Team All-Star
Katherine McVey	Field Hockey		CAL 1 st Team All-Star
Hannah Blake	Field Hockey		CAL 1 st Team All-Star
Sophie Adams	Field Hockey		CAL 2 nd Team All-Star
Nelle Criscione	Field Hockey		CAL 2 nd Team All-Star
Field Hockey Team	Field Hockey		CAL Sportsmanship
Leah Gunner	Field Hockey		CAL Coach of the Year
Bryan Gilbert	Boys Soccer		CAL 1 st Team All-Star
Mitchell Forbes	Boys Soccer		CAL 1 st Team All-Star
Alex Spaulding	Boys Soccer		CAL 1 st Team All-Star
Anthony Tzortzis	Boys Soccer		CAL 2 nd Team All-Star
Shane Collins	Boys Soccer		CAL 2 nd Team All-Star
Danny Cosgrove	Cross Country		CAL All-Star
Kyle Faddis	Cross Country		CAL All-Star
Nate Murley	Cross Country		CAL All-Star
Abba McKennelley	Girls Soccer		CAL 1 st Team All-Star
Izzy Scarpone	Girls Soccer		CAL 1 st Team All-Star
Katy Pelletier	Girls Soccer		CAL 2 nd Team All-Star
Lucie Farnham	Girls Soccer		CAL 2 nd Team All-Star
Bri Proulx-Walter	Girls Soccer		CAL 2 nd Team All-Star
Olivia Latam	Volleyball		CAL 1 st Team All-Star
Lauren Butt	Volleyball		CAL 1 st Team All-Star
Casey Smerczynski	Volleyball		CAL 1 st Team All-Star
WINTER 2016	WINTER 2016	WINTER 2016	WINTER 2016
Alex Spaulding	Boys Basketball		1 st Team All-Star
Cam Kashef	Boys Basketball		2 nd Team All-Star
Nick Pease	Boys Ice Hockey		2 nd Team All-Star
Brendan Crowther	Boys Ice Hockey		2 nd Team All-Star
Grace Fahey	Girls Basketball		1 st Team All-Star
Paige Amyouny	Girls Basketball		2 nd Team All-Star

Izzy Sarra	Girls Ice Hockey		All Conference
Meghan Hubbard	Girls Ice Hockey		All Conference
Sydney Sheerin	Girls Ice Hockey		All-Star
Kate Irons	Girls Ice Hockey		All-Star
Maddy Brooke	Girls Ice Hockey		All-Star
Charisse Flanagan	Girls Ice Hockey		All-Star
Danny Cosgrove	Boys Indoor Track		D2 2 nd in 1000M
Kyle Faddis	Boys Indoor Track		D2 Champ in 1 mile
Nolan Houston	Skiing		3 rd at interscholastic race
Dan Gregorio	Wrestling		CAL/NEC 160 champ
			All-State Qualifier
Jack Darling	Wrestling		CAL/NEC 106 champ
			D2 106 lb. state champ
Joey Perkins	Wrestling		All-State Qualifier
Caroline Sordello	Gymnastics		1 st on bars CAL/NEC
	Swimming/Diving		
	Swimming/Diving		
SPRING 2016	SPRING 2016	SPRING 2016	SPRING 2016
Marissa Karras	Girls Lacrosse		1 st Team All Star
Abby Reblin	Girls Lacrosse		1 st Team All Star
Grace Fahey	Girls Lacrosse		1 st Team All Star
Molly Gillespie	Girls Lacrosse		CAL Player of the Year
Sammy Dindo	Girls Lacrosse		1 st Team All-Star
Kaitlyn Waystack	Girls Lacrosse		2 nd Team All-Star
Jordyn Tveter	Girls Lacrosse		2 nd Team All-Star
Tommy Jung	Boys Lacrosse		1 st Team All-Star
Brendan Driscoll	Boys Lacrosse		2 nd Team All-Star
Adam Story	Boys Lacrosse		2 nd Team All-Star
Brian Gilbert	Boys Lacrosse		2 nd Team All-Star
Mitchell Godett	Boys Lacrosse		2 nd Team All-Star
Max Gordon	Boys Tennis		2 nd Team All-Star
Elias Varinos	Baseball		CAL Player of the Year Globe All-Scholastic
Blaise Romanowski	Baseball		1 st Team All-Star
Cam Zavasky	Baseball		2 nd Team All-Star
Andrew Manni	Baseball		2 nd Team All-Star
Katrina Valeri	Softball		1 st Team All-Star
Candra Pepper	Softball		2 nd Team All-Star
Geena Ganji	Track & Field		1 st in 200M
Peter Kitsakos	Track & Field		1 st in javelin
Danny Cosgrove	Track & Field		School Record in mile (4:19.10)...CAL Mile Champ...Qualified for N.E. Meet in CT

FALL 2016	FALL 2016	FALL 2016	FALL 2016
Mak Graves	Field Hockey		1 st Team All-Star
Zoe Shibel	Field Hockey		1 st Team All-Star
Hannah Blake	Field Hockey		2 nd Team All-Star
Sophia Gardner	Field Hockey		2 nd Team All-Star
Sam Ames	Field Hockey		2 nd Team All-Star
Brock Reardon	Golf		1 st Team All-Star
Henry Barrett	Golf		1 st Team All-Star
Sophia Woodland	Girls Soccer		1 st Team All-Star
Katy Pelletier	Girls Soccer		1 st Team All-Star
Nikki Arrington	Girls Soccer		2 nd Team All-Star
Azi Nazzarian	Girls Soccer		2 nd Team All-Star
Olivia Bonacorso	Girls Soccer		2 nd Team All-Star
Bryan Gilbert	Boys Soccer		CAL Player of the Year
Josh Polakiewicz	Boys Soccer		1 st Team All Star
Evan Glass	Boys Soccer		1 st Team All Star
Mike Budrewicz	Boys Soccer		1 st Team All Star
Andy Howard	Boys Soccer		2 nd Team All Star
Bryan Gilbert	Boys Soccer		Globe All Scholastic
Jared Scarpaci	Boys Soccer		CAL Coach of Year
Boys Cross Country	Kyle Faddis		All League
			Qualified for all states
	Pat Mahoney		CAL Coach of Year
Cheerleading	Ashley Rescigno		CAL All Star
			Cheer Team Nationals
Volleyball	Olivia Latam		1 st Team All Star
	Brittany Gotts		1 st Team All Star
	Brianna Kelly		2 nd Team All Star
Football	Declan Judge		1 st Team All Star
	Tommy Bennett		1 st Team All Star
	Sean Evaul		1 st Team All Star
	Danny Monagle		1 st Team All Star
	Paul Baker		1 st Team All Star
	Tony Taggart		2 nd Team All Star
	Josh Anderson		2 nd Team All Star
	Damon DiBurro		2 nd Team All Star
Winter 2017	Winter 2017	Winter 2017	Winter 2017
Wrestling	Trevor Nugent		CAL Champion
	Jack Darling		CAL Champion
	Liam McAveney		CAL Champion
	Dave Bennett		CAL Champion
	Billy Stevens		CAL Champion
	Jack Darling		D2 CHAMPION
			NE SEMI-FINALS

	Todd Darling		Salem News C.O.Y.
	Trevor Nugent		2nd in D2 (106 lbs)
	Joey Perkins		2nd in D2 (182 lbs)
	Liam McAveney		3rd in D2 (120 lbs)
Boys Indoor Track	Kyle Faddis		D2 Champ in the MILE
			Salem News All Star
	Scott D'Attilio		CAL Gold High Jump
	4 X 200 Relay Team		CAL Gold
	Pete Kitsakos		CAL Silver Long Jump
Girls Indoor Track	Ryenne Feeney		CAL Silver 600 Meters
	Jordan Tveter		CAL Silver High Jump
	Jordan Tveter, Ryenne Feeney		Salem News All Stars
Boys Basketball	Patrick Osgood		1st Team All Star
			Salem News All Star
Girls Basketball	Grace Fahey		CAL Player of Year
	Paige Amyouny		1st Team All Star
	Mak Graves		2nd Team All Star
	Mak Graves, Paige Amyouny, Grace Fahey		Salem News All-Stars
Boys Ice Hockey	Brandon Lafata		1st Team All Star
	Tommy Bennett		2nd Team All Star
	Brendan Driscoll		2nd Team All Star
	Andrew Gotts		2nd Team All Star
	Brendan Driscoll, Brandon Lafata		Salem News All Stars
Girls Ice Hockey	Izzy Sarra		All League
			Globe All Scholastic
	Rachael Duval		All League
	Madison Brooke		All Star
	Kate Irons		All Star
	Abby Gendron		All Star
	Sami Kelliher		All Star
	Molly Elmore		All Star
			Herald All Scholastic
	Mackenzie Saitta		Sportsmanship Award
	Izzy Sarra, Madison Brooke, Rachael Duval, Molly Elmore		Salem News All Stars
Gymnastics	Cat DiNanno		All-Around All Star
	Nicole Bonacorso		All-Around All Star
	Caroline Sordello		Bars All Star
	Cat DiNanno, Caroline Sordello, Nicole Bonacorso		Salem News All Stars

Skiing	Whitney Bouthout		Qualified for state championships
Swimming/Diving	Lily Koenig		100 Back Record 57.75
	Olivia Piacentini, McKenna Wells, Lily Koenig, Jenny Bankes		200 Medley Relay Record 1:52.98
	Olivia Piacentini, Grace Elwood, Lily Koenig, Jenny Bankes		400 Free Relay Record 3:39.41
	Olivia Piacentini, Lily Koenig, Jenny Bankes		Salem News All Stars
Spring 2017	Spring 2017	Spring 2017	Spring 2017
Baseball	David Hunter		1st Team All-Star
	Andrew Manni		2nd Team All-Star
	Jack Seymour		
	Jack Hurton		
Softball	Candra Pepper		1st Team All-Star
	Christina Grieco		2nd Team All-Star
Girls Tennis	Sportsmanship		
Boys Lacrosse	Garrett Young		1st Team All-Star
	Adam Story		1st Team All-Star
	Max Sherriff Streng		1st Team All-Star
	Brendan Driscoll		2nd Team All-Star
	Bryan Gilbert		2nd Team All-Star
	Tommy Jung		2nd Team All-Star
Girls Lacrosse	Grace Fahey		1st Team All-Star
	Kaitlyn Waystack		1st Team All-Star
	Jordyn Tveter		1st Team All-Star
	Nicole Amyouny		2nd Team All-Star
	Olivia McCarthy		2nd Team All-Star
Boys Track & Field	Kyle Faddis		1 Mile Champion
	Matt Qirici		Javelin Champion
	Scott D'Attilio		High Jump Champion
			Triple Jump Champion
	Peter Kitsakos		Long Jump Champion
Fall 2017	FALL 2017	FALL 2017	FALL 2017
Boys Soccer	Mike Budrewicz		CAL Player of Year
	Josh Rubin		1st Team All-Star
	Ben Lockhart		2nd Team All-Star
	Matt Dzwil		2nd Team All-Star
	Devin Ralph		2nd Team All-Star
Field Hockey	Mak Graves		1st Team All-Star
	Sophia Gardner		1st Team All-Star

	Gia Buttarro		2nd Team All-Star
	Nicole Amyouny		2nd Team All-Star
	Orla Gauvain		2nd Team All-Star
Girls Soccer	Olivia Bonacorso		1st Team All-Star
	Nikki Arrington		1st Team All-Star
	Sophia Woodland		1st Team All-Star
	Ragan Pratt		2nd Team All-Star
	Rachel Murphy		2nd Team All-Star
Volleyball	Ryder Burliss		1st Team All-Star
	Brianna Kelly		1st Team All-Star
	Emiliana Olafsdottir		2nd Team All-Star
Football			
Golf			
Cheerleading			
WINTER 2018	WINTER 2018	WINTER 2018	WINTER 2018
Gymnastics	Gracy Mowers		CAL/NEC MVP
			All-Around State Champ
	Catherine Dinanno		All-Around All-Star
	Nicole Bonacorso		All-Around All-Star
	Kyra Flak		Bars All-Star
	Miranda Marks		Floor All-Star
Girls Basketball	Mak Graves		CAL Kinney POY
	Paige Amyouny		1st Team All-Star
	Sara Fogarty		2nd team All-Star
Boys Basketball	Will Schena		1st Team All-Star
	David Hunter		2nd Team All-Star
	Colby Jacques		2nd Team All-Star
Wrestling	Jack Darling		All-State Champ 120
	Trevor Nugent		CAL All-Star 120
	Liam McAveney		CAL All-Star 132
	Mark Arsenault		CAL All-Star 138
	Joey Perkins		CAL All-Star 195
Indoor Track	Bryan Romanowski		Bronze 55 M Hurdles
	Dylan Ursino		GOLD 300 M Dash
	Erin Bergeron		Silver 300 M Dash
	Ben Demers		Silver 1000 M Run
	4 X 200 Boys		Bronze
	4 X 400 Boys		Bronze
Skiing	Faith Stanton		GS State Champion

Boys' Ice Hockey	Andrew Gotts		1st Team All-Star
	Dylan Campbell		1st Team All-Star
Girls' Ice Hockey	Molly Elmore		All-League (Newburyport) Globe & Herald All-Scholastic
	Sami Kelleher		All-League (Newburyport)
	Lexi Rosenbaum		All-Star (Masco)
	Riane Vatcher		All-Star (Triton)
	Kate Irons		All-Star (Georgetown)
	Charisse Flanagan		All-Star (Masco)
	Meghan McElaney		All-Star (Amesbury)
	Abby Gendron		All-Star (Masco)
Swimming/Diving	200 Medley Relay		1st Team All-Stars
	Olivia Piacentini		
	Shannon Gerspach		
	Ann Walsh		
	Jennie Bankes		
	200 Free		2nd Team All-Star
	Jennie Bankes		
	200 IM		2nd Team All-Stars
	Grace Elwood		
	Shannon Gerspach		
	50 Free		2nd Team All-Star
	Katherine Bartley		
	1 Meter Diving		2nd Team All-Stars
	Keira Moon		
	Emma Roberts		
	100 Butterfly		1st Team All-Star
	Grace Elwood		
	100 Free		1st Team All-Star
	Olivia Piacentini		
	500 Free		1st Team All-Star
	Jennie Bankes		
	200 Free Relay		1st Team All-Stars
	Shannon Gerspach		
	Grace Elwood		
	Katherine Bartley		
	Grace Bernheart		

	100 Back		
	Olivia Piacentini		1st Team All-Star
	Katherine Bartley		2nd Team All-Star
	Jackson Rabold		2nd Team All-Star
	400 Free Relay		1st Team All-Stars
	Katherine Bartley		
	Grace Elwood		
	Jennie Bankes		
	Olivia Piacentini		
	Connor Cox		2nd Team All-Stars
	Jacob Daitch		
	Rhys Evans		
	Lucas Gharabegian		
SPRING 2018	SPRING 2018	SPRING 2018	SPRING 2018
Boys Lacrosse	Garrett Young		CAL 1st Team All Star
	Max Sherriff-Streng		CAL 1st Team All Star
	Ryan Castle		CAL 2nd Team All Star
	Austin Dziadosz		CAL 2nd Team All Star
Girls Lacrosse	Jordyn Tveter		CAL 1st Team All Star
	Marissa Karras		CAL 1st Team All Star
	Elizabeth Evans		CAL 2nd Team All Star
	Marissa DeLucia		CAL 2nd Team All Star
	Emma Flynn		CAL 2nd Team All Star
Boys Tennis	NONE		
Girls Tennis	NONE		
Baseball	David Hunter		CAL Co-Player of Year
	Andrew Manni		CAL Co-Player of Year; All Scholastic
	Jack Seymour		CAL 1st Team All Star
	Patrick Costigan		CAL 1st Team All Star
	Jack Hurton		CAL 2nd Team All Star
Softball	Rebecca Twomey		CAL 2nd Team All Star
	Vanessa Hurley		CAL 2nd Team All Star
Boys Track & Field	TBA		
Girls Track & Field	TBA		

FALL 2018	FALL 2018	FALL 2018	FALL 2018
Girls Soccer	Sophia Woodlan		All New England
			All EMASS; All State
			CAL Player of Year
	Morgan Bovardi		All State; All EMASS
			CAL 1st Team All Star
	Athena Kordis		CAL 1st Team All Star
	Allie Vaillancourt		CAL 2nd Team All Star
	Tori Simas		CAL 2nd Team All Star
	Ryenne Feeney		CAL 2nd Team All Star
Boys Soccer	Josh Rubin		CAL 1st Team All Star
	Matt Dzwil		CAL 1st Team All Star
	Devin Ralph		CAL 1st Team All Star
	Connor Fitzgerald		CAL 2nd Team All Star
	Aedan Salvador		CAL 2nd Team All Star
Field Hockey	Mak Graves		CAL Player of Year
	Kate Zamani		CAL 1st Team All Star
	Cally McSweeney		CAL 1st Team All Star
	Orla Gauvain		CAL 2nd Team All Star
	Gia Buttarro		CAL 2nd Team All Star
Volleyball	Brianna Kelly		CAL Player of Year
	Emilana Olafsdottir		CAL 1st Team All Star
	Rheanna Murray		CAL 1st Team All Star
	Grace Salisbury		CAL 2nd Team All Star
Boys Cross Country	Sebastian Gilligan		CAL 1st Team All Star; 8th in D3 Meet
	Jack Darling		CAL 1st Team All Star
	Robert McKersie		CAL 1st Team All Star
Girls Cross Country	Lana Crosson		CAL 1st Team All Star
	Nicole Beaulieu		CAL 1st Team All Star
GOLF	Hadyn Kornusky		CAL 1st Team All Star
	Will Roberts		CAL 1st Team All Star
FOOTBALL	Jay Theriault		CAL Offensive P.O.Y.
	Bryce Wronski		CAL 1st Team All Star
	Nick Mangino		CAL 1st Team All Star