

**Masconomet Regional High School  
League All-Stars (Updated December 2, 2019)**



<b>NAME</b>	<b>SPORT</b>	<b>OTHER</b>
<b>FALL 2015</b>	<b>FALL 2015</b>	<b>FALL 2015</b>
Scott Foden	Football	CAL Player of Year
Cam Vallaincourt	Football	CAL All-Star
Angus McNeil	Football	CAL All-Star
Tessa Ives	Field Hockey	CAL 1 <sup>st</sup> Team All-Star
Katherine McVey	Field Hockey	CAL 1 <sup>st</sup> Team All-Star
Hannah Blake	Field Hockey	CAL 1 <sup>st</sup> Team All-Star
Sophie Adams	Field Hockey	CAL 2 <sup>nd</sup> Team All-Star
Nelle Criscione	Field Hockey	CAL 2 <sup>nd</sup> Team All-Star
Field Hockey Team	Field Hockey	CAL Sportsmanship
Leah Gunner	Field Hockey	CAL Coach of the Year
Bryan Gilbert	Boys Soccer	CAL 1 <sup>st</sup> Team All-Star
Mitchell Forbes	Boys Soccer	CAL 1 <sup>st</sup> Team All-Star
Alex Spaulding	Boys Soccer	CAL 1 <sup>st</sup> Team All-Star
Anthony Tzortzis	Boys Soccer	CAL 2 <sup>nd</sup> Team All-Star
Shane Collins	Boys Soccer	CAL 2 <sup>nd</sup> Team All-Star
Danny Cosgrove	Cross Country	CAL All-Star
Kyle Faddis	Cross Country	CAL All-Star
Nate Murley	Cross Country	CAL All-Star
Abba McKennelley	Girls Soccer	CAL 1 <sup>st</sup> Team All-Star
Izzy Scarpone	Girls Soccer	CAL 1 <sup>st</sup> Team All-Star
Katy Pelletier	Girls Soccer	CAL 2 <sup>nd</sup> Team All-Star
Lucie Farnham	Girls Soccer	CAL 2 <sup>nd</sup> Team All-Star
Bri Proulx-Walter	Girls Soccer	CAL 2 <sup>nd</sup> Team All-Star
Olivia Latam	Volleyball	CAL 1 <sup>st</sup> Team All-Star
Lauren Butt	Volleyball	CAL 1 <sup>st</sup> Team All-Star
Casey Smerczynski	Volleyball	CAL 1 <sup>st</sup> Team All-Star
<b>WINTER 2016</b>	<b>WINTER 2016</b>	<b>WINTER 2016</b>
Alex Spaulding	Boys Basketball	1 <sup>st</sup> Team All-Star
Cam Kashaf	Boys Basketball	2 <sup>nd</sup> Team All-Star
Nick Pease	Boys Ice Hockey	2 <sup>nd</sup> Team All-Star
Brendan Crowther	Boys Ice Hockey	2 <sup>nd</sup> Team All-Star
Grace Fahey	Girls Basketball	1 <sup>st</sup> Team All-Star
Paige Amyouny	Girls Basketball	2 <sup>nd</sup> Team All-Star
Izzy Sarra	Girls Ice Hockey	All Conference

<b>Meghan Hubbard</b>	<b>Girls Ice Hockey</b>	<b>All Conference</b>
<b>Sydney Sheerin</b>	<b>Girls Ice Hockey</b>	<b>All-Star</b>
<b>Kate Irons</b>	<b>Girls Ice Hockey</b>	<b>All-Star</b>
<b>Maddy Brooke</b>	<b>Girls Ice Hockey</b>	<b>All-Star</b>
<b>Charisse Flanagan</b>	<b>Girls Ice Hockey</b>	<b>All-Star</b>
<b>Danny Cosgrove</b>	<b>Boys Indoor Track</b>	<b>D2 2<sup>nd</sup> in 1000M</b>
<b>Kyle Faddis</b>	<b>Boys Indoor Track</b>	<b>D2 Champ in 1 mile</b>
<b>Nolan Houston</b>	<b>Skiing</b>	<b>3<sup>rd</sup> at interscholastic race</b>
<b>Dan Gregorio</b>	<b>Wrestling</b>	<b>CAL/NEC 160 champ</b>
		<b>All-State Qualifier</b>
<b>Jack Darling</b>	<b>Wrestling</b>	<b>CAL/NEC 106 champ</b>
		<b>D2 106 lb. state champ</b>
<b>Joey Perkins</b>	<b>Wrestling</b>	<b>All-State Qualifier</b>
<b>Caroline Sordello</b>	<b>Gymnastics</b>	<b>1<sup>st</sup> on bars CAL/NEC</b>
	<b>Swimming/Diving</b>	
	<b>Swimming/Diving</b>	
<b>SPRING 2016</b>	<b>SPRING 2016</b>	<b>SPRING 2016</b>
<b>Marissa Karras</b>	<b>Girls Lacrosse</b>	<b>1<sup>st</sup> Team All Star</b>
<b>Abby Reblin</b>	<b>Girls Lacrosse</b>	<b>1<sup>st</sup> Team All Star</b>
<b>Grace Fahey</b>	<b>Girls Lacrosse</b>	<b>1<sup>st</sup> Team All Star</b>
<b>Molly Gillespie</b>	<b>Girls Lacrosse</b>	<b>CAL Player of the Year</b>
<b>Sammy Dindo</b>	<b>Girls Lacrosse</b>	<b>1<sup>st</sup> Team All-Star</b>
<b>Kaitlyn Waystack</b>	<b>Girls Lacrosse</b>	<b>2<sup>nd</sup> Team All-Star</b>
<b>Jordyn Tveter</b>	<b>Girls Lacrosse</b>	<b>2<sup>nd</sup> Team All-Star</b>
<b>Tommy Jung</b>	<b>Boys Lacrosse</b>	<b>1<sup>st</sup> Team All-Star</b>
<b>Brendan Driscoll</b>	<b>Boys Lacrosse</b>	<b>2<sup>nd</sup> Team All-Star</b>
<b>Adam Story</b>	<b>Boys Lacrosse</b>	<b>2<sup>nd</sup> Team All-Star</b>
<b>Brian Gilbert</b>	<b>Boys Lacrosse</b>	<b>2<sup>nd</sup> Team All-Star</b>
<b>Mitchell Godett</b>	<b>Boys Lacrosse</b>	<b>2<sup>nd</sup> Team All-Star</b>
<b>Max Gordon</b>	<b>Boys Tennis</b>	<b>2<sup>nd</sup> Team All-Star</b>
<b>Elias Varinos</b>	<b>Baseball</b>	<b>CAL Player of the Year Globe All-Scholastic</b>
<b>Blaise Romanowski</b>	<b>Baseball</b>	<b>1<sup>st</sup> Team All-Star</b>
<b>Cam Zavasky</b>	<b>Baseball</b>	<b>2<sup>nd</sup> Team All-Star</b>
<b>Andrew Manni</b>	<b>Baseball</b>	<b>2<sup>nd</sup> Team All-Star</b>
<b>Katrina Valeri</b>	<b>Softball</b>	<b>1<sup>st</sup> Team All-Star</b>
<b>Candra Pepper</b>	<b>Softball</b>	<b>2<sup>nd</sup> Team All-Star</b>
<b>Geena Ganji</b>	<b>Track &amp; Field</b>	<b>1<sup>st</sup> in 200M</b>
<b>Peter Kitsakos</b>	<b>Track &amp; Field</b>	<b>1<sup>st</sup> in javelin</b>
<b>Danny Cosgrove</b>	<b>Track &amp; Field</b>	<b>School Record in mile (4:19.10)...CAL Mile Champ...Qualified for N.E. Meet in CT</b>

<b>FALL 2016</b>	<b>FALL 2016</b>	<b>FALL 2016</b>
<b>Mak Graves</b>	<b>Field Hockey</b>	<b>1<sup>st</sup> Team All-Star</b>
<b>Zoe Shibel</b>	<b>Field Hockey</b>	<b>1<sup>st</sup> Team All-Star</b>
<b>Hannah Blake</b>	<b>Field Hockey</b>	<b>2<sup>nd</sup> Team All-Star</b>
<b>Sophia Gardner</b>	<b>Field Hockey</b>	<b>2<sup>nd</sup> Team All-Star</b>
<b>Sam Ames</b>	<b>Field Hockey</b>	<b>2<sup>nd</sup> Team All-Star</b>
<b>Brock Reardon</b>	<b>Golf</b>	<b>1<sup>st</sup> Team All-Star</b>
<b>Henry Barrett</b>	<b>Golf</b>	<b>1<sup>st</sup> Team All-Star</b>
<b>Sophia Woodland</b>	<b>Girls Soccer</b>	<b>1<sup>st</sup> Team All-Star</b>
<b>Katy Pelletier</b>	<b>Girls Soccer</b>	<b>1<sup>st</sup> Team All-Star</b>
<b>Nikki Arrington</b>	<b>Girls Soccer</b>	<b>2<sup>nd</sup> Team All-Star</b>
<b>Azi Nazzarian</b>	<b>Girls Soccer</b>	<b>2<sup>nd</sup> Team All-Star</b>
<b>Olivia Bonacorso</b>	<b>Girls Soccer</b>	<b>2<sup>nd</sup> Team All-Star</b>
<b>Bryan Gilbert</b>	<b>Boys Soccer</b>	<b>CAL Player of the Year</b>
<b>Josh Polakiewicz</b>	<b>Boys Soccer</b>	<b>1<sup>st</sup> Team All Star</b>
<b>Evan Glass</b>	<b>Boys Soccer</b>	<b>1<sup>st</sup> Team All Star</b>
<b>Mike Budrewicz</b>	<b>Boys Soccer</b>	<b>1<sup>st</sup> Team All Star</b>
<b>Andy Howard</b>	<b>Boys Soccer</b>	<b>2<sup>nd</sup> Team All Star</b>
<b>Bryan Gilbert</b>	<b>Boys Soccer</b>	<b>Globe All Scholastic</b>
<b>Jared Scarpaci</b>	<b>Boys Soccer</b>	<b>CAL Coach of Year</b>
<b>Boys Cross Country</b>	<b>Kyle Faddis</b>	<b>All League</b>
		<b>Qualified for all states</b>
	<b>Pat Mahoney</b>	<b>CAL Coach of Year</b>
<b>Cheerleading</b>	<b>Ashley Rescigno</b>	<b>CAL All Star</b>
		<b>Cheer Team Nationals</b>
<b>Volleyball</b>	<b>Olivia Latam</b>	<b>1<sup>st</sup> Team All Star</b>
	<b>Brittany Gotts</b>	<b>1<sup>st</sup> Team All Star</b>
	<b>Brianna Kelly</b>	<b>2<sup>nd</sup> Team All Star</b>
<b>Football</b>	<b>Declan Judge</b>	<b>1<sup>st</sup> Team All Star</b>
	<b>Tommy Bennett</b>	<b>1<sup>st</sup> Team All Star</b>
	<b>Sean Evaul</b>	<b>1<sup>st</sup> Team All Star</b>
	<b>Danny Monagle</b>	<b>1<sup>st</sup> Team All Star</b>
	<b>Paul Baker</b>	<b>1<sup>st</sup> Team All Star</b>
	<b>Tony Taggart</b>	<b>2<sup>nd</sup> Team All Star</b>
	<b>Josh Anderson</b>	<b>2<sup>nd</sup> Team All Star</b>
	<b>Damon DiBurro</b>	<b>2<sup>nd</sup> Team All Star</b>
<b>Winter 2017</b>	<b>Winter 2017</b>	<b>Winter 2017</b>
<b>Wrestling</b>	<b>Trevor Nugent</b>	<b>CAL Champion</b>
	<b>Jack Darling</b>	<b>CAL Champion</b>
	<b>Liam McAveney</b>	<b>CAL Champion</b>
	<b>Dave Bennett</b>	<b>CAL Champion</b>
	<b>Billy Stevens</b>	<b>CAL Champion</b>
	<b>Jack Darling</b>	<b>D2 CHAMPION</b>
		<b>NE SEMI-FINALS</b>
	<b>Todd Darling</b>	<b>Salem News C.O.Y.</b>

	<b>Trevor Nugent</b>	<b>2<sup>nd</sup> in D2 (106 lbs)</b>
	<b>Joey Perkins</b>	<b>2<sup>nd</sup> in D2 (182 lbs)</b>
	<b>Liam McAveney</b>	<b>3<sup>rd</sup> in D2 (120 lbs)</b>
<b>Boys Indoor Track</b>	<b>Kyle Faddis</b>	<b>D2 Champ in the MILE</b>
		<b>Salem News All Star</b>
	<b>Scott D'Attilio</b>	<b>CAL Gold High Jump</b>
	<b>4 X 200 Relay Team</b>	<b>CAL Gold</b>
	<b>Pete Kitsakos</b>	<b>CAL Silver Long Jump</b>
<b>Girls Indoor Track</b>	<b>Ryenne Feeney</b>	<b>CAL Silver 600 Meters</b>
	<b>Jordan Tveter</b>	<b>CAL Silver High Jump</b>
	<b>Jordan Tveter, Ryenne Feeney</b>	<b>Salem News All Stars</b>
<b>Boys Basketball</b>	<b>Patrick Osgood</b>	<b>1<sup>st</sup> Team All Star</b>
		<b>Salem News All Star</b>
<b>Girls Basketball</b>	<b>Grace Fahey</b>	<b>CAL Player of Year</b>
	<b>Paige Amyouny</b>	<b>1<sup>st</sup> Team All Star</b>
	<b>Mak Graves</b>	<b>2<sup>nd</sup> Team All Star</b>
	<b>Mak Graves, Paige Amyouny, Grace Fahey</b>	<b>Salem News All-Stars</b>
<b>Boys Ice Hockey</b>	<b>Brandon Lafata</b>	<b>1<sup>st</sup> Team All Star</b>
	<b>Tommy Bennett</b>	<b>2<sup>nd</sup> Team All Star</b>
	<b>Brendan Driscoll</b>	<b>2<sup>nd</sup> Team All Star</b>
	<b>Andrew Gotts</b>	<b>2<sup>nd</sup> Team All Star</b>
	<b>Brendan Driscoll, Brandon Lafata</b>	<b>Salem News All Stars</b>
<b>Girls Ice Hockey</b>	<b>Izzy Sarra</b>	<b>All League</b>
		<b>Globe All Scholastic</b>
	<b>Rachael Duval</b>	<b>All League</b>
	<b>Madison Brooke</b>	<b>All Star</b>
	<b>Kate Irons</b>	<b>All Star</b>
	<b>Abby Gendron</b>	<b>All Star</b>
	<b>Sami Kelliher</b>	<b>All Star</b>
	<b>Molly Elmore</b>	<b>All Star</b>
		<b>Herald All Scholastic</b>
	<b>Mackenzie Saitta</b>	<b>Sportsmanship Award</b>
	<b>Izzy Sarra, Madison Brooke, Rachael Duval, Molly Elmore</b>	<b>Salem News All Stars</b>
<b>Gymnastics</b>	<b>Cat DiNanno</b>	<b>All-Around All Star</b>
	<b>Nicole Bonacorso</b>	<b>All-Around All Star</b>
	<b>Caroline Sordello</b>	<b>Bars All Star</b>
	<b>Cat DiNanno, Caroline Sordello, Nicole Bonacorso</b>	<b>Salem News All Stars</b>
<b>Skiing</b>	<b>Whitney Bouthout</b>	<b>Qualified for state championships</b>

<b>Swimming/Diving</b>	<b>Lily Koenig</b>	<b>100 Back Record 57.75</b>
	<b>Olivia Piacentini, McKenna Wells, Lily Koenig, Jenny Bankes</b>	<b>200 Medley Relay Record 1:52.98</b>
	<b>Olivia Piacentini, Grace Elwood, Lily Koenig, Jenny Bankes</b>	<b>400 Free Relay Record 3:39.41</b>
	<b>Olivia Piacentini, Lily Koenig, Jenny Bankes</b>	<b>Salem News All Stars</b>
<b>Spring 2017</b>	<b>Spring 2017</b>	<b>Spring 2017</b>
<b>Baseball</b>	<b>David Hunter</b>	<b>1st Team All-Star</b>
	<b>Andrew Manni</b>	<b>2nd Team All-Star</b>
	<b>Jack Seymour</b>	
	<b>Jack Hurton</b>	
<b>Softball</b>	<b>Candra Pepper</b>	<b>1st Team All-Star</b>
	<b>Christina Grieco</b>	<b>2nd Team All-Star</b>
<b>Girls Tennis</b>	<b>Sportsmanship</b>	
<b>Boys Lacrosse</b>	<b>Garrett Young</b>	<b>1st Team All-Star</b>
	<b>Adam Story</b>	<b>1st Team All-Star</b>
	<b>Max Sherriff Streng</b>	<b>1st Team All-Star</b>
	<b>Brendan Driscoll</b>	<b>2nd Team All-Star</b>
	<b>Bryan Gilbert</b>	<b>2nd Team All-Star</b>
	<b>Tommy Jung</b>	<b>2nd Team All-Star</b>
<b>Girls Lacrosse</b>	<b>Grace Fahey</b>	<b>1st Team All-Star</b>
	<b>Kaitlyn Waystack</b>	<b>1st Team All-Star</b>
	<b>Jordyn Tveter</b>	<b>1st Team All-Star</b>
	<b>Nicole Amyouny</b>	<b>2nd Team All-Star</b>
	<b>Olivia McCarthy</b>	<b>2nd Team All-Star</b>
<b>Boys Track &amp; Field</b>	<b>Kyle Faddis</b>	<b>1 Mile Champion</b>
	<b>Matt Qirici</b>	<b>Javelin Champion</b>
	<b>Scott D'Attilio</b>	<b>High Jump Champion</b>
		<b>Triple Jump Champion</b>
	<b>Peter Kitsakos</b>	<b>Long Jump Champion</b>
<b>Fall 2017</b>	<b>FALL 2017</b>	<b>FALL 2017</b>
<b>Boys Soccer</b>	<b>Mike Budrewicz</b>	<b>CAL Player of Year</b>
	<b>Josh Rubin</b>	<b>1st Team All-Star</b>
	<b>Ben Lockhart</b>	<b>2nd Team All-Star</b>
	<b>Matt Dzwil</b>	<b>2nd Team All-Star</b>
	<b>Devin Ralph</b>	<b>2nd Team All-Star</b>
<b>Field Hockey</b>	<b>Mak Graves</b>	<b>1st Team All-Star</b>
	<b>Sophia Gardner</b>	<b>1st Team All-Star</b>
	<b>Gia Buttarro</b>	<b>2nd Team All-Star</b>

	Nicole Amyouny	2nd Team All-Star
	Orla Gauvain	2nd Team All-Star
Girls Soccer	Olivia Bonacorso	1st Team All-Star
	Nikki Arrington	1st Team All-Star
	Sophia Woodland	1st Team All-Star
	Ragan Pratt	2nd Team All-Star
	Rachel Murphy	2nd Team All-Star
Volleyball	Ryder Burliss	1st Team All-Star
	Brianna Kelly	1st Team All-Star
	Emiliana Olafsdottir	2nd Team All-Star
Football		
Golf		
Cheerleading		
<b>WINTER 2018</b>	<b>WINTER 2018</b>	<b>WINTER 2018</b>
Gymnastics	Gracy Mowers	CAL/NEC MVP
		All-Around State Champ
	Catherine Dinanno	All-Around All-Star
	Nicole Bonacorso	All-Around All-Star
	Kyra Flak	Bars All-Star
	Miranda Marks	Floor All-Star
Girls Basketball	Mak Graves	CAL Kinney POY
	Paige Amyouny	1st Team All-Star
	Sara Fogarty	2nd team All-Star
Boys Basketball	Will Schena	1st Team All-Star
	David Hunter	2nd Team All-Star
	Colby Jacques	2nd Team All-Star
Wrestling	Jack Darling	<b>All-State Champ 120</b>
	Trevor Nugent	CAL All-Star 120
	Liam McAveney	CAL All-Star 132
	Mark Arsenault	CAL All-Star 138
	Joey Perkins	CAL All-Star 195
Indoor Track	Bryan Romanowski	Bronze 55 M Hurdles
	Dylan Ursino	GOLD 300 M Dash
	Erin Bergeron	Silver 300 M Dash
	Ben Demers	Silver 1000 M Run
	4 X 200 Boys	Bronze
	4 X 400 Boys	Bronze
Skiing	Faith Stanton	GS State Champion
Boys' Ice Hockey	Andrew Gotts	1st Team All-Star

	<b>Dylan Campbell</b>	<b>1st Team All-Star</b>
<b>Girls' Ice Hockey</b>	<b>Molly Elmore</b>	<b>All-League (Newburyport) Globe &amp; Herald All-Scholastic</b>
	<b>Sami Kelleher</b>	<b>All-League (Newburyport)</b>
	<b>Lexi Rosenbaum</b>	<b>All-Star (Masco)</b>
	<b>Riane Vatcher</b>	<b>All-Star (Triton)</b>
	<b>Kate Irons</b>	<b>All-Star (Georgetown)</b>
	<b>Charisse Flanagan</b>	<b>All-Star (Masco)</b>
	<b>Meghan McElaney</b>	<b>All-Star (Amesbury)</b>
	<b>Abby Gendron</b>	<b>All-Star (Masco)</b>
<b>Swimming/Diving</b>	<b>200 Medley Relay</b>	<b>1st Team All-Stars</b>
	Olivia Piacentini	
	Shannon Gerspach	
	Ann Walsh	
	Jennie Bankes	
	<b>200 Free</b>	<b>2nd Team All-Star</b>
	Jennie Bankes	
	<b>200 IM</b>	<b>2nd Team All-Stars</b>
	Grace Elwood	
	Shannon Gerspach	
	<b>50 Free</b>	<b>2nd Team All-Star</b>
	Katherine Bartley	
	<b>1 Meter Diving</b>	<b>2nd Team All-Stars</b>
	Keira Moon	
	Emma Roberts	
	<b>100 Butterfly</b>	<b>1st Team All-Star</b>
	Grace Elwood	
	<b>100 Free</b>	<b>1st Team All-Star</b>
	Olivia Piacentini	
	<b>500 Free</b>	<b>1st Team All-Star</b>
	Jennie Bankes	
	<b>200 Free Relay</b>	<b>1st Team All-Stars</b>
	Shannon Gerspach	
	Grace Elwood	
	Katherine Bartley	
	Grace Bernheart	

	<b>100 Back</b>	
	Olivia Piacentini	<b>1st Team All-Star</b>
	Katherine Bartley	<b>2nd Team All-Star</b>
	Jackson Rabold	<b>2nd Team All-Star</b>
	<b>400 Free Relay</b>	<b>1st Team All-Stars</b>
	Katherine Bartley	
	Grace Elwood	
	Jennie Bankes	
	Olivia Piacentini	
	Connor Cox	<b>2nd Team All-Stars</b>
	Jacob Daitch	
	Rhys Evans	
	Lucas Gharabegian	
<b>SPRING 2018</b>	<b>SPRING 2018</b>	<b>SPRING 2018</b>
<b>Boys Lacrosse</b>	Garrett Young	<b>CAL 1st Team All Star</b>
	Max Sherriff-Streng	<b>CAL 1st Team All Star</b>
	Ryan Castle	<b>CAL 2nd Team All Star</b>
	Austin Dziadosz	<b>CAL 2nd Team All Star</b>
<b>Girls Lacrosse</b>	Jordyn Tveter	<b>CAL 1st Team All Star</b>
	Marissa Karras	<b>CAL 1st Team All Star</b>
	Elizabeth Evans	<b>CAL 2nd Team All Star</b>
	Marissa DeLucia	<b>CAL 2nd Team All Star</b>
	Emma Flynn	<b>CAL 2nd Team All Star</b>
<b>Boys Tennis</b>	NONE	
<b>Girls Tennis</b>	NONE	
<b>Baseball</b>	David Hunter	<b>CAL Co-Player of Year</b>
	Andrew Manni	<b>CAL Co-Player of Year; All Scholastic</b>
	Jack Seymour	<b>CAL 1st Team All Star</b>
	Patrick Costigan	<b>CAL 1st Team All Star</b>
	Jack Hurton	<b>CAL 2nd Team All Star</b>
<b>Softball</b>	Rebecca Twomey	<b>CAL 2nd Team All Star</b>
	Vanessa Hurley	<b>CAL 2nd Team All Star</b>
<b>Boys Track &amp; Field</b>	TBA	
<b>Girls Track &amp; Field</b>	TBA	



<b>FALL 2018</b>	<b>FALL 2018</b>	<b>FALL 2018</b>
<b>Girls Soccer</b>	Sophia Woodlan	All New England
		All EMASS; All State
		CAL Player of Year
	Morgan Bovardi	All State; All EMASS
		CAL 1st Team All Star
	Athena Kordis	CAL 1st Team All Star
	Allie Vaillancourt	CAL 2nd Team All Star
	Tori Simas	CAL 2nd Team All Star
	Ryenne Feeney	CAL 2nd Team All Star
<b>Boys Soccer</b>	Josh Rubin	CAL 1st Team All Star
	Matt Dzwil	CAL 1st Team All Star
	Devin Ralph	CAL 1st Team All Star
	Connor Fitzgerald	CAL 2nd Team All Star
	Aedan Salvador	CAL 2nd Team All Star
<b>Field Hockey</b>	Mak Graves	CAL Player of Year
	Kate Zamani	CAL 1st Team All Star
	Cally McSweeney	CAL 1st Team All Star
	Orla Gauvain	CAL 2nd Team All Star
	Gia Buttarò	CAL 2nd Team All Star
<b>Volleyball</b>	Brianna Kelly	CAL Player of Year
	Emilana Olafsdottir	CAL 1st Team All Star
	Rheanna Murray	CAL 1st Team All Star
	Grace Salisbury	CAL 2nd Team All Star
<b>Boys Cross Country</b>	Sebastian Gilligan	CAL 1st Team All Star; 8th in D3 Meet
	Jack Darling	CAL 1st Team All Star
	Robert McKersie	CAL 1st Team All Star
<b>Girls Cross Country</b>	Lana Crosson	CAL 1st Team All Star
	Nicole Beaulieu	CAL 1st Team All Star
<b>GOLF</b>	Hadyn Kornusky	CAL 1st Team All Star
	Will Roberts	CAL 1st Team All Star
<b>FOOTBALL</b>	Jay Theriault	CAL Offensive P.O.Y.
	Bryce Wronski	CAL 1st Team All Star
	Nick Mangino	CAL 1st Team All Star
<b>WINTER 2019</b>	<b>WINTER 2019</b>	<b>WINTER 2019</b>
<b>Girls' Basketball</b>	Mak Graves	CAL Player of Year
	Morgan Bovardi	1st Team All Star
	Paige Richardson	2nd Team All Star
<b>Boys' Basketball</b>	Harry Warshafsky	2nd Team All Star

<b>Boys' Ice Hockey</b>	Andrew Gotts	<b>CAL Player of Year</b>
	Fil Scarfo	<b>1st Team All Star</b>
	Tucker Hanson	<b>1st Team All Star</b>
	Shawn Callahan	<b>2nd Team All Star</b>
	Zach Smith	<b>2nd Team All Star</b>
	Logan Campbell	<b>2nd Team All Star</b>
	Andrew Jackson	<b>CAL Coach of the Year</b>
<b>Girls' Ice Hockey</b>	Abby Gendron	<b>Player of Year</b>
	Molly Elmore	<b>1st Team All Star</b>
	Isabel Hulse	<b>1st Team All Star</b>
	Meghan McElaney	<b>2nd Team All Star</b>
	Anna Behringer	<b>2nd Team All Star</b>
	Erin Irons	<b>2nd Team All Star</b>
	Mikayla Vincent	<b>2nd Team All Star</b>
<b>Gymnastics</b>	Gracy Mowers	<b>CAL-NEC MVP</b>
	Katelyn Aylwin	<b>All-Around All Star</b>
	Sarah Aylwin	<b>All-Around All Star</b>
	Cat DiNanno	<b>CAL-NEC Floor All Star</b>
	Kyra Flak	<b>CAL-NEC Bars All Star</b>
	Emma Quirk	<b>CAL-NEC Beam All Star</b>
<b>Boys' Track &amp; Field</b>	Dylan Ursino	<b>300M Silver</b>
	Ben Demers	<b>1000M Bronze</b>
	4 X 200 Relay Team	<b>Silver</b>
	4 X 800 Relay Team	<b>Bronze</b>
	Austin Paul	<b>Shot Put Silver</b>
<b>Girls' Track &amp; Field</b>	Ryenne Feeney	<b>600M Bronze</b>
	Morgan Glynn	<b>1000M Bronze</b>
<b>Boys Swim/Dive</b>	200 yd medley relay	<b>3rd place</b>
	Connor Cox	<b>50 Free 3rd place</b>
	Andrew Orlando	<b>500 Free 2nd Place</b>
	Jackson Rabold	<b>100 Backstroke 3rd PL</b>
	Nick Meader	<b>100 Breaststroke 3rd PL</b>
	400 Free Relay	<b>3rd Place</b>
<b>Girls Swim/Dive</b>	Keira Moon	<b>1 mtr diving 1st place</b>
	Avery Langone	<b>1 mtr diving 2nd place</b>
	Ann Walsh	<b>100 Butterfly 3rd place</b>
	Katherine Bartley	<b>100 Backstroke 3rd PL</b>
	400 Free Relay	<b>3rd Place</b>

<b>Wrestling</b>	Jack Darling	<b>CAL Wrestler of Year</b>
	Ian Darling	<b>CAL-NEC 2nd (106)</b>
	Jonathan Penafiel	<b>CAL-NEC 3rd (120)</b>
	Liam McAveney	<b>CAL-NEC 2nd (126)</b>
	Jack Darling	<b>CAL-NEC 1st (132)</b>
	Jon Petrillo	<b>CAL-NEC 3rd (138)</b>
	Henry Dolan	<b>CAL-NEC 1st (195)</b>
	Joey Perkins	<b>CAL-NEC 1st (220)</b>
	Nikolay Marshall	<b>CAL-NEC 3rd (285)</b>
<b>SPRING 2019</b>	<b>SPRING 2019</b>	<b>SPRING 2019</b>
<b>Girls Lacrosse</b>	Olivia McCarthy	<b>CAL 1st Team All Star</b>
	Morgan Bovardi	<b>CAL 1st Team All-Star</b>
	Emma Flynn	<b>CAL 1st Team All Star</b>
	Taylor Flynn	<b>CAL 2nd Team All Star</b>
	Nicole Amyouny	<b>CAL 2nd Team All Star</b>
<b>Boys Lacrosse</b>	Ryan Castle	<b>CAL 1st Team All Star</b>
	Randy Castle	<b>CAL 1st Team All Star</b>
	Alec Reardon	<b>CAL 1st Team All Star</b>
	Jay Theriault	<b>CAL 1st Team All Star</b>
	Charlie Koenig	<b>CAL 2nd Team All Star</b>
<b>Boys Tennis</b>	None	
<b>Girls Tennis</b>	None	
<b>Boys Track &amp; Field</b>	Sebastian Gilligan	<b>1 Mile - Bronze</b>
	Shawn Callahan	<b>Long Jump - Bronze</b>
	Austin Paul	<b>Shot Put - GOLD</b>
<b>Girls Track &amp; Field</b>	Jenna DiPietro	<b>200M - Bronze</b>
	Ryenne Feeney	<b>400M - Bronze</b>
	Erin Bergeron	<b>Pole Vault - GOLD</b>
	Brianna Kelly	<b>Discus - Silver</b>
	Erin Bergeron	<b>Javelin - Silver</b>
	Brianna Kelly	<b>Shot Put - Bronze</b>
<b>Baseball</b>	Will Hunter	<b>CAL 1st Team All Star</b>
	Aaron Zenus	<b>CAL 2nd Team All Star</b>
	Patrick Costigan	<b>CAL 2nd Team All Star</b>
<b>Softball</b>	Eliza Reimold	<b>CAL 1st Team All Star</b>
	Brianna Melillo	<b>CAL 2nd Team All Star</b>
<b>FALL 2019</b>	<b>FALL 2019</b>	<b>FALL 2019</b>
<b>Boys' Cross Country</b>	Sebastian Gilligan	<b>All-League (3rd)</b>
	Robbie McKersie	<b>All-League (14th)</b>
<b>Girls' Cross Country</b>	None	<b>None</b>

<b>Golf</b>	Hadyn Kornusky	<b>4th at CAL</b>
	Hunter DeGeorge	<b>9th at CAL</b>
<b>Girls Soccer</b>	Morgan Bovardi	<b>CAL 1st Team All Star</b>
	Allie Vaillancourt	<b>CAL 1st Team All Star</b>
	Ryenne Feeney	<b>CAL 1st Team All Star</b>
	Alexandra Karafotias	<b>CAL 2nd Team All Star</b>
	Elena Lindonen	<b>CAL 2nd Team All Star</b>
<b>Boys Soccer</b>	Jason Stutz	<b>CAL Player of the Year</b>
	Will Neuenhaus	<b>CAL 1st Team All Star</b>
	Spencer Butterworth	<b>CAL 2nd Team All Star</b>
	Zack Rock	<b>CAL 2nd Team All Star</b>
	Dom Gecoya	<b>CAL 2nd Team All Star</b>
<b>Field Hockey</b>	Mak Graves	<b>CAL Player of the Year</b>
	Ava Tello	<b>CAL 1st Team All Star</b>
	Callie McSweeney	<b>CAL 2nd Team All Star</b>
	Maggie Sturgis	<b>CAL 2nd Team All Star</b>
	Lily Conway	<b>CAL 2nd Team All Star</b>
<b>Volleyball</b>	Paige Richardson	<b>CAL 1st Team All Star</b>
	Rheanna Murray	<b>CAL 1st Team All Star</b>
	Sarah Buckley	<b>CAL 2nd Team All Star</b>
<b>Football</b>	Matt Nadworny	<b>Defensive P.O.Y.</b>
	Will Hunter	<b>Kinney All-Star</b>
	Jack Corcoran	<b>Kinney All-Star</b>
	Teddy Fellows	<b>Kinney All-Star</b>
	Greg Walker	<b>Kinney All-Star</b>
<b>Cheerleading</b>	Jess Bermudez	<b>CAL All-Star</b>
	Abby Flinn	<b>CAL All-Star</b>
	Elizabeth Walsh	<b>CAL Coach of the Year</b>
<b>Boys Basketball</b>	Hudson Weidman	<b>CAL 2nd Team All Star</b>
<b>Girls Basketball</b>	Mak Graves	<b>CAL 1st Team All Star</b>
	Olivia Filmore	<b>CAL 1st Team All Star</b>
<b>Boys Ice Hockey</b>	Shawn Callahan	<b>CAL 1st Team All Star</b>
	Peyton DeFeo	<b>CAL 1st Team All Star</b>
	Jason Schueler	<b>CAL 1st Team All Star</b>
	Tucker Hanson	<b>CAL MVP</b>
	Coach Andrew Jackson	<b>CAL Coach of Year</b>

<b>Girls Hockey</b>	Molly Elmore	<b>Northeastern MVP</b>
	Meghan McElaney	<b>ALL CONFERENCE</b>
	Cali Caponigro	<b>All Star</b>
	Sierra Harris	<b>All Star</b>
	Sage Smith	<b>All Star</b>
<b>Gymnastics</b>	<b>Gracy Mowers</b>	<b>Individual State Champ</b>
	Greta Mowers	<b>Individual Beam Champ</b>
	Greta Mowers	<b>Individual Vault Runner-Up</b>
	Nicole Bonacorso	<b>Individual Floor-2nd</b>
	Emma Quirk	<b>Individual Floor Champ</b>
	Alexa Budrow	<b>Individual Bars-4th</b>
<b>Boys Indoor Track</b>	Sebastian Gilligan	<b>CAL Mile - Bronze D3 - 3rd</b>
	Nate Collins, Calvin Dickinson, Aidan Colbert, S. Gilligan	<b>CAL - Silver 4 X 800 relay</b>
<b>Girls Indoor Track</b>		<b>4 X 200 - bronze</b>
<b>Wrestling</b>	<b>Liam McAveney</b> <b>Ian Darling</b>	<b>D2 state champ (138)</b> <b>All-State 3rtd place (120)</b>
<b>Swim/Dive</b>	Keira Moon	<b>1st 1M Diving</b>
	Meghan Burr	<b>3rd 1M Diving</b>
	Baden Cox	<b>3rd 1M Diving</b>
	BOYS	<b>1st at CAL MEET</b>
	Anthony Piacentini	<b>3rd - 200 free</b>
	Paganos, Voner, Cox, Pedersen	<b>4th - 200 Medley Relay</b>
	Colin Paganos	<b>4th - 200 I.M.</b>
	Grace Bernheart	<b>2nd - 50 free</b>
	John Pedersen	<b>4th - 50 free</b>
	Daniel Voner	<b>2nd - 100 butterfly</b>
	Grace Bernheart	<b>3rd - 100 free</b>
	Connor Cox	<b>3rd - 100 free</b>
	John Pedersen	<b>4th - 100 free</b>
	Paige Paganos	<b>3rd - 500 free</b>
	Daniel Voner	<b>1st - 500 free</b>
	Anthony Piacentini	<b>3rd - 500 free</b>
	B. Cox, Orlando, C. Cox, Piacentini	<b>3rd - 200 free relay</b>
	Paige Paganos	<b>3rd - 100 backstroke</b>
	Colin Paganos	<b>1st - 100 backstroke</b>
	Pedersen, Piacentini, Paganos, Voner	<b>2nd - 400 free relay</b>

<b>Skiing</b>	Robbie McKersie	<b>1st - NSSL; 3rd state</b>
	Ava Pelletier	<b>26th state; 4th NSSL</b>
	Charlotte Hill	<b>25th state; 5th NSSL</b>
	Neve Bettencourt	<b>47th state; 15th NSSL</b>
	Katherine Downs	<b>61st state; 9th NSSL</b>
	Ashley Hamson	<b>41st state; 6th NSSL</b>
	Haley Serefino	<b>57th state; 10th NSSL</b>
	Bella Clark-Alderman	<b>76th state; 16th NSSL</b>
	Cat Malatesta	<b>12th NSSL</b>