

The Masconomet School Health Advisory Council (SHAC) works to promote and protect the health, wellness and safety of all students. The Council works in collaboration with Tri-Town Council, Tri-Town School Union, our families and our communities to collect and analyze data. Based on the conclusions drawn, SHAC advises all interested shareholders by providing information, making recommendations for new or revised policies, and suggesting additional programming in order to enhance existing school curricula and services.

SHAC (SCHOOL HEALTH ADVISORY COUNCIL) MINUTES

January 17, 2020

Attendance: A. Burke, S. Burt, A. Cochran, J. Daileanes, K. DiNardo, K. Hostetter, G. Lemire, S. Micus, A. Schatzel, Meredith Shaw, K. Trevenen, A. Verdaguer

Old Business/Updates:

Masconomet- Karen reported meeting with Middleton Family Practice (School Physician) and athletic trainer to discuss how to standardize and improve concussion protocol between these three areas. MD not aware of Impact testing done on athletes here. Group suggesting increasing the number of students that have baseline testing done (currently contact sports only are involved). Several members noted other school that test all students. John will look into difference in cost of testing all athletes, vs contact sports only, vs all students. Notation made of increase in flu and mental health issues (due to end of semester). Karen will speak to Doug about spraying common areas. Tom Browe will present his vaping diversion program on 1/22/20. Invitations will be sent to health education teachers, nurses, counselors, a. principals, safety and security, and student support services. Holiday Assistant Program report attached. **MS-**Susan reports 8th grade health classes are writing letters to Peace Corps Volunteers from Africa.

TTC and The Coalition-Community Conversation on 1/29/20 will present YRBS data followed by small group discussion. The YAAB students are leading the presentation and group discussion. Meredith asking for volunteers to help facilitate with students. There will be a presentation on Teen Depression on 2/4 for parents and open to staff. Community Coalition and SHAC partnered with graphic design students to create posters using the Positive Community Norms around substance use. Students were provided the messages in order to create posters that would relate to teens. Karen and Meredith will attend the midterm class to see students present their posters. Chosen posters will be used at the community coalition and around the school as part of the Community Norm Campaign.

Action Items:

Positive Community Norms Survey-Council participated in a short survey at the request of Meredith to provide feedback around positive norm messaging. Students will also take this survey during homeroom. Survey results will provide The Community Coalition with valuable information regarding the campaign as it moves forward.

Needs Assessment Tool-Council has begun work on the *School Health Index (SHI)*, a comprehensive district-wide assessment of student health. *SHI* devotes a module to each of the ten components of *Whole School, Whole Community Whole Child Model* and an eleventh module on school health and safety policies. The modules include Health Education, Physical Education and Physical Activity Programs, Nutrition Environment and Services, School Health Services, School Counseling, Psychological and Social Services, Social and emotional Climate, Physical Environment, Employee Wellness and Health Promotion, Family Engagement and Community Involvement. Council started on Module 10, Family Involvement. Attached to minutes is a copy the group's response to the planning questions. Results of the complete needs assessment will assist council in creating a School Health Improvement Plan and goals to guide SHAC's work going forward.

Next Meeting
February 14, 2020