

## School Health Advisory Council (SHAC)

April 5, 2023

### MEETING MINUTES

#### **Attendance:**

John Daileanes, Lynne Bennett, Zillie Bhujju, Nicole Gregoire-Allis, Joe Armenti, Laurie Zywiak, Maura Gray and Meredith Shaw

#### **Time:**

1:15pm – 2:15pm

#### **Introductions and Inquiry**

After introductions, Lynne B asked about the history of SHAC.

John D - Shared the history behind SHAC up until COVID occurred. Post COVID SHAC dispersed a bit. Historically there were sub groups which developed from SHAC. Examples include: Food policy, Youth Risk Behavior Survey (YRBS) input, Recycling

Joe A and Laurie Z - Discussed the importance of the state and federal regulations regarding wellness. He shared there is an audit every three years and suspects Masconomet will have their audit SY 2024.

Lynne B – Asked if the work from prior SHACS is shared and are the results from the YRBS is shared with Masco staff.

Nicole G.A - There are different pockets of people YRBS results are shared with and happy to share with additional people

Meredith S -discussed the important partnership with SHAC especially with the YRBS. Specifically, SHAC shared in vetting some of the questions and targets.

Laurie Z- Discussed how WVT had education around storage of drugs in a room may look like, along-side of the Parent Open House. This was a way to get a captive parent audience in and learn.

Zille B- Inquired about Table Share, and composting. Lexington Public Schools has composting and Melissa S, upon her return, can share her insights given her

work with Lexington in prior years.

Luire Z and Joe A- discussed Universal lunches, Free and Reduced Lunch applicants, reimbursement formulas, and community eligible programs (such as Haverhill).

At end of the meeting, SHAC identified next meeting date, and structure of meeting moving forward (during school day, length, recorder/minutes)

**Plan of Action**

- (1) Meet again May 8<sup>th</sup> (8:30am-10:00am)– at that meeting the SY 2024 goal(s) will be identified, and the meeting calendar for the school year will be finalized. Look to front load meetings at the start of SY 2024