Our mission is to promote health and wellness in all students by collecting and analyzing data related to student health/wellness, and based on the conclusions drawn, provide information to interested parties, recommend policy revisions/additions, and/or develop additional programs that enhance existing school curricula and services, in partnership with the Tri-Town School Union School District, Tri-Town Council, our families and our communities.

**SCHOOL HEALTH ADVISORY COUNCIL (SHAC)**

**2013-2014 Year in Review**

SHAC meets regularly during the school year to promote the health and wellness of all students and staff at Masconomet. The council is an interdisciplinary group, including members of administration, guidance, food and pupil personnel services, faculty, security, nursing and health education departments as well as parents and Tri-Town Council members. SHAC uses a comprehensive model to address the many areas of school health. Subcommittees were created to work on special projects as needed such as policy review, Health and Wellness Fair and Performance Enhancement Drugs. SHAC continues to partner closely with Tri-town Council with regard to the Youth Risk Behavior Survey and resulting data. Outlined below are some of our accomplishments this past year.

**Gender Identity Regulations**

* Reviewed and discussed DESE Guidelines for nondiscrimination based on an Act Relative to Gender Identity (Chapter 199 of the Acts of 2011)
* Reviewed the model policy from GLSEN (Gay, Lesbian and Straight Education Network).

**Youth Risk Behavior Survey**

* Assisted Tri--town Council with Revision of YRBS 2014 survey.
* Coordinated use of YRBS data in classrooms as part of curriculum

**Tobacco Policy/Town Bylaws**

* All three Tobacco Policies were approved by school committee

**Holiday Assistance Program**

* Assisted coordinator, Joan Murphy with coordinating activities and delivering goods

**Life-Threatening Food Allergy Policy**

* Researched and reviewed information and sample polices
* Developed draft of comprehensive district-wide policy

**Performance Enhancement Drugs**

* Researched and collected information regarding school current practices around this topic
* report submitted to school committee upon request

**New BMI Regulations**

* Change in MDPH reporting regulations discussed
* Masconomet protocol developed

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**SCHOOL HEALTH ADVISORY COUNCIL (SHAC)**

**2013-2014 Year in Review**

**SHAC looks forward to the 2013-14 School Year. Some goals are listed below:**

* Develop a Gender Identity Policy
* Continue work on Life-Threatening Allergy Policy
* Align Wellness Policy with Food Allergy Policy
* Assist in administration of YRBS (Nov 2014)
* Continue publicizing results to school and community
* Revise Substance Abuse Policy utilizing DPH guidelines
* Sponsor the Spring Health and Wellness Fair

Submitted by:

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SHAC Chairperson