The following information was compiled by the School Health Advisory Council of the Masconomet Regional School District as a free service to the individuals and families of the Tri-Town community.

*Please feel free to copy and share this information*
TRI-TOWN COMMUNITY RESOURCES

CRISIS and OTHER HOTLINE SERVICES:
The following is a compilation of resources gathered from those currently available in the Tri-Town Community. While Masconomet Regional School District does not endorse individual resources or businesses, we present this information to assist you in determining appropriate resources for your family.

Tri-Town Council
Provides: Crisis counseling and referral services for Mental Health
Clientele: Students (Children and Adolescents)
Locations: Topsfield, Ma
Telephone contact info: 978-887-6512
24 Hour Hotline: 978-771-4619
Website: http://www.tritowncouncil.org/

Masconomet Safe School Helpline
Provides: Anonymous Reporting 24/7/365
Telephone contact info: 1-800-418-6423 Ext 359
Website: www.safeschoolhelpline.com

HAWC (Healing Abuse Working for Change)
Provides: An array of services for those dealing with any type of domestic violence
Clientele: Children, adolescents, adults and families
Locations: 27 Congress Street Salem, MA 01970
Telephone contact info: 978-744-8552 OR 24 HOUR Hotline – 1-800-547-1649
Website: www.helpabusedwomen.org

Parent Stress Hotline
Provides: Support for parents with problems related to their children
Clientele: Massachusetts parents
Telephone contact info: 1-800-632-8188
Website: http://www.parentshelpingparents.org/parentalstresslinec/parental-stress-line.html

Beverly Hospital Emergency Room
Provides: Emergency services for psychiatric evaluations/mental health
Clientele: Children and Adolescents
Locations: Salem, Ma
Telephone contact info: 978-745-2100

North Shore Children’s Hospital Emergency Room-Psychiatric Services
Provides: Emergency services for mental health
Clientele: Children and Adolescents
Locations: Salem, Ma
Telephone contact info: 978-745-2100

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TRI-TOWN COMMUNITY RESOURCES

CRISIS and OTHER HOTLINE SERVICES:
The following is a compilation of resources gathered from those currently available in the Tri-Town Community. While Masconomet Regional School District does not endorse individual resources or businesses, we present this information to assist you in determining appropriate resources for your family.

Northeast Behavioral Health:
Provides: Mental health, substance abuse and community education and prevention services to residents in greater Boston, the North Shore and the Merrimack Valley, Massachusetts. Services included outpatient mental health clinics; inpatient and outpatient treatment and prevention for drug and alcohol problems; school-based programs; and community education and prevention initiatives.
Clientele: Adults, teens, families and children.
Locations: Beverly, Ipswich, Gloucester, Lynn, Woburn, Amesbury, Haverhill, Salem, Lawrence, Lowell
Telephone contact info:
- Emergency Psychiatric Services:
  - Haverhill: 1-800-281-3223 or 978-521-9777
  - Salem: 1-866-523-1216 or 978-744-1585

- Outpatient Clinics:
  - Beverly: 978-921-1190
  - Salem: 978-745-2440
  - Haverhill: 978-373-1126
  - Ipswich: 978-356-1776
  - Gloucester: 978-283-0296
  - Lynn: 781-592-3058
  - Woburn: 781-935-3025
  - Amesbury: 978-388-7032
  - Lawrence: 978-683-3128

Website: [http://nebhealth.org](http://nebhealth.org)
Additional Info: On Northeast Behavioral website there is a LARGE listing of Youth Services and programs as well as a significant amount of additional information.

National Suicide/Self Injury Prevention Lifeline
Provides: Confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress
Clientele: Children/families/adolescents/adults
Telephone contact info: 1-800-273-(talk)8255
Website: [http://www.suicidepreventionlifeline.org/About/Default.aspx](http://www.suicidepreventionlifeline.org/About/Default.aspx)

Gay and Lesbian Helpline
Telephone contact info: 978-373-3333
TRI-TOWN COMMUNITY RESOURCES

FAMILY RESOURCES:
The following is a compilation of resources gathered from those currently available in the Tri-Town Community. While Masconomet Regional School District does not endorse individual resources or businesses, we present this information to assist you in determining appropriate resources for your family.

Department of Children and Family Services

Haverhill Area DCF Office
3 Ferry St.
Bradford, MA 01835
(978) 469-8800
fax (978) 469-8990
(SERVICES FAMILIES IN BOXFORD and TOPSFIELD)

Cape Ann Area DCF Office
45 Congress St., Building 4
Salem, MA 01970
(978) 825-3800
fax (978) 825-909
(SERVICES FAMILIES IN MIDDLETON)

Focus Adolescent Services
Provides: Information and referral services for families and troubled teens
Clientele: Adolescents and families
Telephone contact info: 410-341-4216
Website: http://www.focusas.com/AboutFocusAS.html

Parent Stress Hotline
Provides: Support for parents with problems related to their children
Clientele: Massachusetts parents
Telephone contact info: 1-800-632-8188
Website: http://www.parentshelpingparents.org/parentalstresslinec/parental-stress-line.html

PAL (Parent/Professional Advocacy League)
Provides: Information and support for parents of children with mental health problems
Clientele: Massachusetts parents
Telephone contact info: 1-866-815-8122
Website: http://ppal.net/default/Home/AboutPal/tabid/71/Default.aspx

Family Ties of Massachusetts
Provides: Information and support to families with children with special needs.
Clientele: Massachusetts parents
Website: http://massfamilyties.org/index.php

Family Resource Center
Provides: Information and support to families of children with mental health needs
Clientele: Children, Adolescents and families
Location: NS Children’s Hospital, Salem Ma
Website: http://nsmc.partners.org/web/support/pediatrics_resource_center

Additional helpful websites for families:
Center for Safe and Responsible Internet Use: http://newcsriu.org/
Cyber-Safe Kids, Cyber Safe Teens: http://www.cskcst.com/
Cyber-bullying Research Center: www.cyberbullying.us
MassResources.org: http://www.massresources.org/
TRI-TOWN COMMUNITY RESOURCES

FOOD, FUEL and FINANCIAL ASSISTANCE:
The following is a compilation of resources gathered from those currently available in the Tri-Town Community. While Masconomet Regional School District does not endorse individual resources or businesses, we present this information to assist you in determining appropriate resources for your family.

Invest in People
Provides: Assistance to families and their children who are facing unexpected, urgent and short-term financial needs.
Clientele: Families must be residents of Boxford, Middleton, Topsfield or Ipswich
Telephone contact info: Contact Sheila Taylor at (978) 356-1525

Healthcare for All (INSURANCE)
Provides: Mass Health application assistance, legal assistance for claims
Telephone contact info: 1-800-841-2900

Massachusetts Commission for the Deaf
Provides: Financial aid for hearing aides
Telephone contact info: 1-800-882-1155

NASN
Provides: Free eye glasses
*ACCESS THROUGH THE SCHOOL NURSE
Telephone contact info: Masco High School 978-887-2323 Ext. 6116
Masco Middle School 978-887-2323 Ext. 6125

Boxford Food Pantry
Provides: Food distribution limited to one time per month per family
*By appointment only
Clientele: Tri-Town residents
Location(s): First Congregational Church in Boxford
Telephone contact info: Susan Humerian and Leslie Olson at (978) 887-5841 Ext.3
Additional information: In-kind donations of non-perishable items may be left in the church sanctuary.

Friends of the Flint Library: Neighbors in Need Annual Holiday Giving Program
Provides: Assistance to Middleton families who may be facing difficulties during the holiday season. Emergency assistance may be available.
Clientele: Middleton families
Location(s): Middleton, Ma
Telephone contact info: Contact The Flint “SANTA” at 978-774-8132 or Gimmie Sue at 978-884-1770
Website: gvalacer@comcast.net
Additional Information: Donations are welcome. Items that are especially helpful are gift cards in any amount for the “tween” and teenage groups; cash donations; gift cards to local restaurants, grocery stores, drug stores and hair salons.

Koster Family Foundation
Provides: Financial and in-kind assistance to families and youth in times of crisis; sports scholarships; and holiday food and gift support.
Clientele: Families in the Tri-Town
Telephone contact info: Dr. Bernie Creeden, Superintendent of Elementary Schools (978) 887-0771
TRI-TOWN COMMUNITY RESOURCES

FOOD, FUEL and FINANCIAL ASSISTANCE:
The following is a compilation of resources gathered from those currently available in the Tri-Town Community. While Masconomet Regional School District does not endorse individual resources or businesses, we present this information to assist you in determining appropriate resources for your family.

Middleton Food Pantry part of the services of the Middleton Council on Aging
Provides: Food distributions to residents
Location(s): 38 Maple Street, Middleton, MA (Side entrance)
Clientele: Residents of Middleton, MA
Telephone contact info: Contact Frank Leary or COA at 978-777-4067
Additional information: Open Fridays from 1-3, no appointment necessary for distribution. Donations may be dropped off anytime.

Boxford Food Pantry
Provides: Food distribution once a month
Location: First Congressional Church, Boxford Ma
Clientele: Tri-Town residents
Telephone contact: Susan Humerian and Leslie Olson at 978-887-5841 Ext 3
Additional info: By appointment only

Top Cupboard Food Pantry
Provides: Food distribution second and fourth Saturday of the month to Topsfield residents.
Clientele: Topsfield, MA residents with ID required
Location: Trinity Church, River Road, Topsfield
Telephone contact info: Rev. Jo Barrett at 978-887-5570

Essex County Hunger Relief Organization
Provides: Comprehensive list of food pantries and soup kitchens
Clientele: Essex County residents
Website: www.essexcountyhungerrelief.org

Massachusetts Energy Assistance
Provides: Comprehensive list of assistance programs for fuel, heat and energy resources
Clientele: Massachusetts residents
Website: http://www.massresources.org/massachusetts_energy_assistance_d.html

MassResources.org
Provides: Array of resources such as financial, education, childcare, employment, utility, food, healthcare, housing, legal, tax credits and transportation
Clientele: All Massachusetts residents
Website: http://www.massresources.org/

St. Vincent de Paul Society
Provides: Non-perishable food, grocery store gift cards and emergency assistance
Location(s): St. Rose of Lima Parish, Topsfield and St. Agnes Parish, Middleton
Clientele: Local community members in need
Telephone contact info:
Topsfield: Augie Chiango at (617) 429-6284 or through church (978) 887-5505 or asapemail@aol.com
Middleton: Deborah Charewicz at the church office (978) 774-1958.
TRI-TOWN COMMUNITY RESOURCES

**FOOD, FUEL and FINANCIAL ASSISTANCE:**
The following is a compilation of resources gathered from those currently available in the Tri-Town Community. While Masconomet Regional School District does not endorse individual resources or businesses, we present this information to assist you in determining appropriate resources for your family.

**Tri-Town Council**
**Provides:** Referral resources; holiday food support in conjunction with the Christian Angel Smile Foundation and Santi Yoga. Limited financial emergency family assistance.
**Clientele:** Tri-Town residents.
**Locations:** Topsfield, Ma
**Telephone contact info:** Lisa Teichner 978-887-6512
**Website:** [http://www.tritowncouncil.org/](http://www.tritowncouncil.org/)

**Community Giving Tree:**
**Provides:** Assistance to families in need in the form of clothing, baby equipment, school supplies, toiletries and other necessities.
**Clientele:** Families in Essex County
**Telephone contact info:** 978-223-5767
*Referral required by outside agency such as school, MD, Tri-Town council ect.
**Website:** [info@communitygivingtre.org](mailto:info@communitygivingtre.org)

**Masconomet Regional School District:**
**Provides:** Financial waivers for Excels Groups, Athletics, SAT/PSAT and college applications
**Clientele:** Students of Masconomet Regional School District
**Telephone contact info:**
- **For Excels Groups and Athletic Waivers:**
  Sue Givens at 978-887-2323 Ext. 6112
- **For SAT/PSAT and College Application Waivers:**
  Dr. Irene Duros (Guidance Director) 978-887-2323 Ext. 6181
  Karen Simi (Guidance Department) 978-887-2323 Ext. 6177
- **For General Financial and/or food assistance any time of year:**
  Joan Murphy (Transition Specialist) 978-887-2323 Ext. 1207
  Karen Trevenen (HS Nurse) 978-887-2323 Ext. 6116
**Website:** [www.masconomet.org](http://www.masconomet.org)
HEALTH:
The following is a compilation of resources gathered from those currently available in the Tri-Town Community. While Masconomet Regional School District does not endorse individual resources or businesses, we present this information to assist you in determining appropriate resources for your family.

**Healthcare for All (INSURANCE)**
**Provides:** Mass Health application assistance, legal assistance for claims
**Telephone contact info:** 1-800-841-2900

**Massachusetts Nutrition Guidelines:**
**Website:** [www.mass.gov/massinmotion](http://www.mass.gov/massinmotion)

**Massachusetts Sexual Health Helpline**
**Provides:** Information regarding sexual health
**Clientele:** ALL
**Telephone contact info:** 1-877-627-3933
**Website:** [www.mariatalks.com](http://www.mariatalks.com)

**Health Quarters, Inc**
**Provides:** Counseling, free sexual transmitted disease testing and free pregnancy testing
**Clientele:** ALL
**Telephone contact info:**
- Beverly: 978-922-4490
- Haverhill: 978-521-4444
- Lynn: 978-922-1115

**A Woman’s Concern**
**Provides:** Pregnancy Health services including free pregnancy testing, pregnancy counseling, ultrasounds and parenting classes
**Locations:** 29 Rantoul St Beverly, MA 01915
**Telephone contact info:** (866) 435-7292
Confidential Helpline: 1-866-HELP-AWC
Email: info@awomansconcern.org
**Website:** [http://www.awomansconcern.org/](http://www.awomansconcern.org/)

**MassResources.org**
**Provides:** Array of resources such as financial, education, childcare, employment, utility, food, healthcare, housing, legal, tax credits and transportation
**Clientele:** All Massachusetts residents
**Website:** [http://www.massresources.org/](http://www.massresources.org/)
TRI-TOWN COMMUNITY RESOURCES

LEGAL RESOURCES:
The following is a compilation of resources gathered from those currently available in the Tri-Town Community. While Masconomet Regional School District does not endorse individual resources or businesses, we present this information to assist you in determining appropriate resources for your family.

Essex County Juvenile Court
10 Railroad Street
Lawrence, MA 01841
978.725.8810

Essex County Juvenile Court
Newburyport District Court
Ipswich District Court
188 State Street
Newburyport, MA 01950
978.462.3511

Essex County Juvenile Court
45 Congress Street
Salem, MA 01970
978.744.1562

Essex District Attorney
Jonathan W. Blodgett
Ten Federal Street
978.745.6610
www.mass.gov/essexda

Boxford Police Department
285 Ipswich Road
Boxford, MA 01921
Emergency - 911
Business – 978.887.8135
Chief, Gordon A. Russell
SRO: Lt. James Riter, Officer Kara Fitzpatrick

Middleton Police Department
65 North Main Street
Middleton, MA 01949
Emergency 911
Business – 978.774.4424
Chief, James A. DiGianvittorio
SRO: Officer Michael LeColst

Topsfield Police Department
210 Boston Street
Topsfield, MA 01983
Emergency - 911
Business – 978.887.6533
Chief, Evan E.J. Haglund
SRO: Officer Sean Frost

Additional website for legal resources: MassResources.org: http://www.massresources.org/
TRI-TOWN COMMUNITY RESOURCES

MENTAL HEALTH SERVICES:
The following is a compilation of resources gathered from those currently available in the Tri-Town Community. While Masconomet Regional School District does not endorse individual resources or businesses, we present this information to assist you in determining appropriate resources for your family.

North Shore Counseling Center
Provides: Outpatient therapy for individual, family, couples and group counseling in mental health, alcohol and drug treatment and other programs
Clientele: Children/families/adolescents/adults/seniors
Locations: Beverly and Topsfield
Telephone contact info: Beverly: 978-922-2280 Topsfield: 978-887-8569
Website: www.nscps.org

Lahey Health Behavioral Services:
Provides: Mental health, substance abuse and community education and prevention services to residents in greater Boston, the North Shore and the Merrimack Valley, Massachusetts. Services included outpatient mental health clinics; inpatient and outpatient treatment and prevention for drug and alcohol problems; school-based programs; and community education and prevention initiatives.
Clientele: Adults, teens, families and children.
Locations: Beverly, Ipswich, Gloucester, Lynn, Woburn, Amesbury, Haverhill, Salem, Lawrence, Lowell
Telephone contact info:
  Emergency Psychiatric Services:
  Haverhill: 1-800-281-3223 or 978-521-9777
  Salem: 1-866-523-1216 or 978-744-1585

  Outpatient Clinics:
  Beverly: 978-921-1190
  Salem: 978-745-2440
  Haverhill: 978-373-1126
  Ipswich: 978-356-1776
  Gloucester: 978-283-0296
  Lynn: 781-592-3058
  Woburn: 781-935-3025
  Amesbury: 978-388-7032
  Lawrence: 978-683-3128

Website: http://nebhealth.org
Additional Info: On Northeast Behavioral website there is a LARGE listing of Youth Services and programs as well as a significant amount of additional information.

Tri-Town Counsel
Provides: Crisis counseling and referral services for Mental Health
Clientele: Students (Children and Adolescents)
Locations: Topsfield, Ma
Telephone contact info: 978-887-6512
  24 Hour Hotline: 978-771-4619
Website: http://www.tritowncouncil.org/
TRI-TOWN COMMUNITY RESOURCES

MENTAL HEALTH SERVICES:
The following is a compilation of resources gathered from those currently available in the Tri-Town Community. While Masconomet Regional School District does not endorse individual resources or businesses, we present this information to assist you in determining appropriate resources for your family.

Social Work Referral Services
Provides: Referral Services for providers covered by your specific insurance company for Mental Health
Clientele: Children, adolescents, families, adults
Telephone contact info: 1-800-242-9794

National Suicide/Self Injury Prevention Lifeline
Provides: Confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress
Clientele: Children/families/adolescents/adults
Telephone contact info: 1-800-273-(talk) 8255
Website: http://www.suicidepreventionlifeline.org/About/Default.aspx

MEDA (Massachusetts Eating Disorders Association)
Provides: Assessments, consultations, and support groups for individuals with eating disorders. Coaching sessions for family members and friends of individuals with eating disorders. Additional information and resources on eating disorders.
Clientele: Children/families/adolescents/adult
Locations: Newton, Ma
Telephone contact info: 617-558-1881
Website: http://www.medainc.org/

NEDA (National Eating Disorders Association)
Provides: Referral Helpline for people with eating disorders and resources/informational website including parent tool-kits
Clientele: Children/families/adolescents/adults
Telephone contact info: 1-800-931-2237
Website: http://www.nationaleatingdisorders.org/

Cambridge Center for Eating Disorders
Provides: Supports and treatment for Eating Disorders
Clientele: Adolescents and adults
Location: Cambridge, Ma
Telephone contact info: (617)547-2255
Website: www.eatingdisordercenter.org/

Waldon Behavioral Center
Provides: Treatment for either or both psychiatric or eating disorders. Inpatient and outpatient
Clientele: Adolescent and adults
Location: Waltham, North Hampton and Worcester Ma
Telephone contact info: 781-647-6700
Website: www.waldenbehavioralcare.com/
SERVICES TO ASSIST WITH VIOLENCE:
The following is a compilation of resources gathered from those currently available in the Tri-Town Community. While Masconomet Regional School District does not endorse individual resources or businesses, we present this information to assist you in determining appropriate resources for your family.

**HAWC (Healing Abuse Working for Change)**
*Provides:* An array of services for those dealing with any type of domestic violence
*Clientele:* Children, adolescents, adults and families
*Locations:* 27 Congress Street Salem, MA 01970
*Telephone contact info:* 978-744-8552 OR 24 HOUR Hotline – 1-800-547-1649
*Website:* www.helpabusedwomen.org

**Jeanne Geiger Crisis Center Inc.**
*Provides:* An array of services for those dealing with any type of domestic violence
*Clientele:* Children, adolescents, adults and families
*Locations:* 2 Harris Street Newburyport, MA
5 Market Square Amesbury, MA
*Telephone contact info:* 24 hour hotline 978.388.1888
*Website:* www.jeannegeigercrisiscenter.org

**North Shore Rape Crisis Center**
*Provides:* Individual and group counseling, medical and legal advocacy, educational outreach, and a 24 hour toll-free hotline. All services are confidential and free of charge.
*Clientele:* Victims of domestic violence
*Locations:* 156 Broad Street Suite 26 Beverly, MA
*Telephone contact info:* 24 hour hotline 1-800-922-8772

**Massachusetts Safe Link**
*Provides:* Domestic violence hotline and is answered by trained advocates
*Clientele:* Victims of domestic violence
*Telephone contact info:* 24 Hour Hotline 1-877-785-2020
*Website:* http://www.janedoe.org/safety/safety_dv_shelters.htm

**National Domestic Violence Hotline**
*Provides:* Hotline advocates providing crisis intervention, safety planning and referrals for domestic violence victims
*Clientele:* Victims of domestic violence
*Telephone contact info:* 1-800-799-SAFE 7233
*Website:* http://www.thenhotline.org/

**National Teen Dating Violence Hotline**
*Provides:* Website provides resources for teens, parents, friends and family, Peer Advocates, government officials, law enforcement officials and the general public. All communication is confidential and anonymous. Hotline offers 1:1 support from trained peer advocates.
*Clientele:* Teens and young adults
*Telephone contact info:* 1-866-331-9474
*Website:* http://www.loveisrespect.org/who-we-are/
**Lawrence General Hospital ER**  
*Provides:* 24 Hour service for rape victims  
*Telephone contact info:* 978-946-8000

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**TRI-TOWN COMMUNITY RESOURCES**

**SUBSTANCE ABUSE SERVICES:**
The following is a compilation of resources gathered from those currently available in the Tri-Town Community. While Masconomet Regional School District does not endorse individual resources or businesses, we present this information to assist you in determining appropriate resources for your family.

**Northeast Behavioral Health:**
*Provides:* Mental health, substance abuse and community education and prevention services to residents in greater Boston, the North Shore and the Merrimack Valley, Massachusetts. Services included outpatient mental health clinics; inpatient and outpatient treatment and prevention for drug and alcohol problems; school-based programs; and community education and prevention initiatives.  
*Clientele:* Adults, teens, families and children.  
*Locations:* Beverly, Ipswich, Gloucester, Lynn, Woburn, Amesbury, Haverhill, Salem, Lawrence, Lowell  
*Telephone contact info:*  
- **Emergency Psychiatric Services:**  
  - Haverhill: 1-800-281-3223 or 978-521-9777  
  - Salem: 1-866-523-1216 or 978-744-1585  
- **Outpatient Clinics:**  
  - Beverly: 978-921-1190  
  - Salem: 978-745-2440  
  - Haverhill: 978-373-1126  
  - Ipswich: 978-356-1776  
  - Gloucester: 978-283-0296  
  - Lynn: 781-592-3058  
  - Woburn: 781-935-3025  
  - Amesbury: 978-388-7032  
  - Lawrence: 978-683-3128  

*Website:* [http://nebhealth.org](http://nebhealth.org)  
*Additional Info:* On Northeast Behavioral website there is a LARGE listing of Youth Services and programs as well as a significant amount of additional information.

**North Shore Counseling Center**  
*Provides:* Outpatient therapy for individuals, family, couples and group counseling in mental health, alcohol and drug treatment and other programs  
*Clientele:* Children/families/adolescents/adults/seniors  
*Locations:* Beverly and Topsfield  
*Telephone contact info:* Beverly: 978-922-2280 Topsfield: 978-887-8569  
*Website:* [www.nscpsy.org](http://www.nscpsy.org)

**TCA-Team Coordinating Agency Inc.**  
*Provides:* Outpatient and residential services in substance abuse and other mental health issues  
*Services:* Individual and Group counseling  
*Clientele:* Adolescents and adults  
*Locations:* Haverhill  
*Telephone contact info:* 978-373-3333  
*Website:* [www.teamca.net](http://www.teamca.net)

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TRI-TOWN COMMUNITY RESOURCES

SUBSTANCE ABUSE SERVICES:
The following is a compilation of resources gathered from those currently available in the Tri-Town Community. While Masconomet Regional School District does not endorse individual resources or businesses, we present this information to assist you in determining appropriate resources for your family.

CeSAR-Adolescent Abuse Program
Provides: Brief diagnostic and therapeutic interventions, including abstinence challenges and toxicology screens, for substance-using adolescents. Provides triage appointments during times of crisis, offers short term treatment planning, and arranges for a more comprehensive evaluation. For adolescents who require a more intensive assessment, we provide full diagnostic appointments.
Clientele: Adolescents
Locations: Children’s Hospital; Boston, Ma
Telephone contact info: 617-355-2727
Website: http://www.childrenshospital.org/clinicalservices/Site1846/mainpageS1846P6.html

Institute for Health and Recovery:
Provides: Screening assessments and referrals for adolescents with substance abuse. Provides additional resources for adolescents and families of adolescents with substance abuse issues.
Clientele: Adolescents and families
Locations: Cambridge, Ma
Telephone contact info: 617-661-3991
Website: http://www.healthrecovery.org/projects/adolescent_services/

Informational numbers and websites for substance abuse and addiction:
Partnership for a Drug Free America:
1-866-281-9945
www.drugfree.org

National Institute on Drug Abuse
www.nida.nih.gov

The Anti-Drug (Parents)
www.theantidrug.com

Massachusetts Health Promotion Clearing House: The Medical Foundation
www.maclearinghouse.com
1-800-952-6637

Massachusetts Substance Abuse Information and Education Helpline
1-800-327-5050
www.helpline-online.com

Mass Dept of Public Health-Tabacco Control Program
617-624-5900
www.makesmokinghistory.org
HOLIDAY SUPPORT:
The following is a compilation of resources gathered from those currently available in the Tri-Town Community. While Masconomet Regional School District does not endorse individual resources or businesses, we present this information to assist you in determining appropriate resources for your family.

Tri-Town Council
Provides: Referral resources; holiday food support in conjunction with the Christian Angel Smile Foundation and Santi Yoga. Limited financial emergency family assistance.
Clientele: Tri-Town residents.
Locations: Topsfield, Ma
Telephone contact info: Lisa Teichner 978-887-6512
Website: http://www.tritowncouncil.org/

St. Vincent de Paul Society
Provides: Non-perishable food, grocery store gift cards and emergency assistance
Location(s): St. Rose of Lima Parish, Topsfield and St. Agnes Parish, Middleton
Clientele: Local community members in need
Telephone contact info:
Topsfield: Augie Chiango at (617) 429-6284 or through church (978) 887-5505 or asapemail@aol.com
Middleton: Deborah Charewicz at the church office (978) 774-1958.

Friends of the Flint Library: Neighbors in Need Annual Holiday Giving Program
Provides: Assistance to Middleton families who may be facing difficulties during the holiday season. Emergency assistance may be available.
Clientele: Middleton families
Location(s) Middleton, Ma
Telephone contact info: Contact The Flint “SANTA” at 978-774-8132 or Gimmie Sue at 978-884-1770
Website: gsvalacer@comcast.net
Additional Information: Donations are welcome. Items that are especially helpful are gift cards in any amount for the “tween” and teenage groups; cash donations; gift cards to local restaurants, grocery stores, drug stores and hair salons.

Koster Family Foundation
Provides: Financial and in-kind assistance to families and youth in times of crisis; sports scholarships; and holiday food and gift support.
Clientele: Families in the Tri-Town
Telephone contact info: Dr. Bernie Creeden, Superintendent of Elementary Schools (978) 887-0771

Holiday Assistance Program at Masconomet Regional School District:
Provides: Assistance to families in need in the form of gifts, food and/or financial aid during the holiday season.
Clientele: Tri-Town residents
Telephone contact info: Joan Murphy (Transition Specialist) 978-887-2323 Ext. 1204 jmurphy@masconomet.org
Karen Trevenen (HS Nurse) 978-887-2323 Ext. 6116 ktrevenen@masconomet.org